



NYS Apples
NYS Chips
NYS Apple Slices



APRIL 2024

St. Mary's School for the Deaf

K-5



Personal Touch
FOOD SERVICE

Menu is subject to change.

Monday Tuesday Wednesday Thursday Friday

1
Spring Break
No School

2
Spring Break
No School

3
Spring Break
No School

4
Spring Break
No School

5
Spring Break
No School

8
Solar Eclipse
No School

9
Chicken Patty Sandwich on a Hamburger Bun
Corn 1/2C
Seasoned Tomatoes 1/2C
Fruit 1/2c
Milk -8oz

10
Baked Macaroni and Cheese w/WG Dinner Roll
Steamed Broccoli 1/2C
Steamed Carrots 1/2c
NYS Apple-1Piece
Milk-8oz

11
Turkey Corn Dogs
Cauliflower 1/2C
Bean Salad 1/2c
NY Apple Slices
Milk-8oz

12
Grilled Cheese Sandwich w/Tomato Soup
Green Beans 1/2c
1C Romaine Salad=1/2C
Fresh Fruit 1 piece
Milk-8oz

15
Spaghetti and Meatballs w/Warm Dinner Roll
Sweet Potatoes 1/2C
Green Beans 1/2C
Fruit 1/2C
Milk-8oz

16
Loaded Nacho's
Black Bean Salad 1/2 C
Corn 1/2C
Fruit 1 Piece
Milk-8oz

17
Mozzarella Sticks w/Marinara Dipping Sauce
Baby Carrots 1/2C
Mashed Potato 1/2C
Fruit 1/2C
Milk-8oz

18
8" BBQ Chicken Wraps
NYS Chips 1/2C
1C Romaine Salad=1/2C
Apple -1 Piece
Milk -8oz

19
Meatball Submarine w/Mozzarella Cheese
Steamed Broccoli 1/2C
Mixed Vegetables 1/2C
Fruit 1/2c
Milk-8oz

22
Hamburger or Cheeseburger on a Bun
Green Beans 1/2C
Carrots 1/2C
Fresh Fruit -1 Piece
Milk -8oz

23
8" Taco w/Meat, Cheese, Lettuce, Salsa
Bean Salad 1/2c
Peas 1/2C
Fruit 1/2C
Milk-8oz

24
Open Face Turkey Sandwich w/Gravy
Baked Beans 1/2C
Mixed Vegetables 1/2C
Fruit 1/2C
Milk-8oz

25
Chicken Nuggets
1c Romaine Salad = 1/2c
Cauliflower 1/2C
NYS Apple -1Piece
Milk-8oz

26
Assorted Pizza Pepperoni or Cheese
Baby Carrots 1/2c
Steamed Broccoli 1/2c
Fresh Fruit 1 piece
Milk-8oz

29
National Pretzel Day
Mozzarella Sticks w/Dipping Sauce w/Free Pretzel
Broccoli 1/2C
Maple Glazed Carrots 1/2C
Fruit 1/2C
Milk-8oz

30
Chicken Tenders
Corn 1/2C
Black Bean Salad 1/2 C
Fresh Fruit- 1 Piece
Milk-8oz

NYS LOCAL FOODS
*Upstate Farms Dairy
-milk, yogurt, sour cream
*LynOaken Farms Apples
*Local Farm Vegetables and Fruit
Items used in Meal Program highlighted in green

In addition to the Entrée of the Day, we also serve the following Items Daily:
6" Subs (2M2G)
Salads (Includes Flatbread) 2M2G
Pepperoni and Cheese Pizza(2M2G)
Peanut Butter & Jelly Sandwich (2M2G)
Fruit & Yogurt Parfait w/Flatbread(2M2G)

Offered daily with all School Lunches:
Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable - may take up to 1 cup)
NY State 8oz 1% or Fat Free White or Fat Free Chocolate Milk

Student Entrée \$2.25
Adult Full Lunch \$5.20

If your Son or Daughter has a particular food allergy, please contact the food service office @716-834-7200

