

Menu is subject to change.



Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>Spring Break</i>	2 <i>Spring Break</i>	3 <i>Spring Break</i>	4 <i>Spring Break</i>	5 <i>Spring Break</i>
8 <b>Solar Eclipse</b>  <b>No School</b>	9 Assorted Cereals w/Graham Fish ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8 oz	10 Cinni Mini ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz	11 WG Bagels w/Cream Cheese ----- 100% Fruit Juice ½ Cup or prepared Fruit ½ Cup ----- Milk-8oz	12 Assorted Muffin w/4oz Yogurt ----- 100% Fruit Juice ½ Cup or prepared Fruit ½ Cup ----- Milk-8oz
15 Assorted Cereals w/Graham Fish ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	16 Cinnamon Roll ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	17 Assorted Muffin w/4oz Yogurt ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz	18 English Muffin Breakfast Sandwich Egg, Cheese ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz	19 4oz Assorted Yogurt w/Graham Fish ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz
22 Assorted Cereals w/Graham Fish ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	23 WG Bagels w/Cream Cheese ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	24 Cinni Mini ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	25 Cinnamon Roll ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	26 Assorted Muffin w/4oz Yogurt ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz
29 Assorted Cereals w/Graham Fish ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	30 Assorted Muffin w/4oz Yogurt ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz			

**Breakfast Options Daily**  
\*Daily Entrée-1 (2G) or Cereal 1oz w/Graham Fish- (2G)

**Offered with all Breakfasts**  
\*Whole Grain (WG) Entrees  
\*Daily Selection of Fresh & Prepared Fruit or 100% juice -1/2 cup servings may take 1 cup

\*NY State 1% or Fat Free Milk



Children who eat breakfast show an increased ability to learn, exhibit better academic performance and may have a decreased risk of being overweight

**Adult Breakfast Entree Adult \$**

If your Son or Daughter has a particular food allergy, please contact the food service office @ 716-8347200