



NYS Apples  
NYS Chips  
NYS Apple Slices



# APRIL 2024

St. Mary's School for the Deaf

6-12



Personal Touch  
FOOD SERVICE

Menu is subject to change.

Monday      Tuesday      Wednesday      Thursday      Friday

1  
Spring Break  
No School

2  
Spring Break  
No School

3  
Spring Break  
No School

4  
Spring Break  
No School

5  
Spring Break  
No School

8  
Solar Eclipse  
No School

9  
Chicken Patty Sandwich on a Hamburger Bun  
Corn 1/2C  
Seasoned Tomatoes 3/4C  
Fruit 1/2c  
Milk -8oz

10  
Baked Macaroni and Cheese w/WG Dinner Roll  
Steamed Broccoli 1/2C  
Steamed Carrots 1/2c  
NYS Apple-1Piece  
Milk-8oz

11  
Turkey Corn Dogs  
Cauliflower 1/2C  
Bean Salad 1/2c  
NY Apple Slices  
Milk-8oz

12  
Grilled Cheese Sandwich w/Tomato Soup  
Green Beans 1/2c  
1C Romaine Salad=1/2C  
Fresh Fruit 1 piece  
Milk-8oz

15  
Spaghetti and Meatballs w/Warm Dinner Roll  
Sweet Potatoes 3/4C  
Green Beans 1/2C  
Fruit 1/2C  
Milk-8oz

16  
Loaded Nacho's w/Seasoned Rice  
Black Bean Salad 1/2 C  
Corn 1/2C  
Fruit 1 Piece  
Milk-8oz

17  
Mozzarella Sticks w/Marinara Dipping Sauce  
Baby Carrots 1/2C  
Mashed Potato 1/2C  
Fruit 1/2C  
Milk-8oz

18  
10" BBQ Chicken Wraps  
NYS Chips 1/2C  
1C Romaine Salad=1/2C  
Apple -1 Piece  
Milk -8oz

19  
Meatball Submarine w/Mozzarella Cheese  
Steamed Broccoli 1/2C  
Mixed Vegetables 1/2C  
Fruit 1/2c  
Milk-8oz

22  
Hamburger or Cheeseburger on a Bun  
Green Beans 1/2C  
Carrots 3/4C  
Fresh Fruit -1 Piece  
Milk -8oz

23  
10" Taco w/Meat, Cheese, Lettuce, Salsa  
Bean Salad 1/2c  
Peas 1/2C  
Fruit 1/2C  
Milk-8oz

24  
Open Face Turkey Sandwich w/Gravy  
Baked Beans 1/2C  
Mixed Vegetables 1/2C  
Fruit 1/2C  
Milk-8oz

25  
Chicken Nuggets w/ Seasoned Pasta  
1c Romaine Salad = 1/2c  
Cauliflower 1/2C  
NYS Apple -1Piece  
Milk-8oz

26  
Assorted Pizza Pepperoni, Cheese  
Baby Carrots 1/2c  
Steamed Broccoli 1/2c  
Fresh Fruit 1 piece  
Milk-8oz

29  
National Pretzel Day  
Mozzarella Sticks w/Dipping Sauce w/Free Pretzel  
Broccoli 1/2C  
Maple Glazed Carrots 3/4C  
Fruit 1/2C  
Milk-8oz

30  
Chicken Tenders w/Pasta Salad  
Corn 1/2C  
Black Bean Salad 1/2 C  
Fresh Fruit- 1 Piece  
Milk-8oz

**NYS LOCAL FOODS**  
\*Upstate Farms Dairy  
-milk, yogurt, sour cream  
\*LynOaken Farms Apples  
\*Local Farm Vegetables and Fruit  
Items used in Meal Program highlighted in green

In addition to the Entrée of the Day, we also serve the following Items Daily:  
6" Subs (2M2G)  
Salads (Includes Flatbread) 2M2G  
Pepperoni and Cheese Pizza(2M2G)  
Peanut Butter & Jelly Sandwich (2M3G)  
Fruit & Yogurt Parfait w/Flatbread(2M2G)

Offered daily with all School Lunches:  
Fresh or Prepared Fruit  
(Must take 1/2 cup of Fruit or Vegetable - may take up to 1 cup)  
NY State 8oz 1% or Fat Free White or Fat Free Chocolate Milk

Student Entree \$2.25  
Adult Full Lunch \$5.20

If your Son or Daughter has a particular food allergy, please contact the food service office @716-834-7200

